THE VERTUE OF THE
Coffee Drink.

THe Grain or Berry Called *Coffee*, groweth upon little Trees, only in the Deſerts of *Arabia*.

It is brought from thence, and drunk generally, throughout all the Grand Seigniors Dominions.

It is a ſimple, Innocent thing, compoſed into a Drink by being dried in an Oven, and Ground to Powder and Boyled up with Spring Water, and about halfe a Pinte of it to be Drunk, Faſting an hour before, and not eating an hour after, and to be taken as hot as poſſibly can be endured; the which will never fetch the Skin off the Mouth, or raiſe any Bliſters, by reaſon of that Heat.

The Turks drink at Meals, and other times, is uſually Water, and their Diet conſiſts much of Fruit; the crudities whereof, are very much corrected by this Drink.

The quality of this Drink is cold and dry; and thought to be a dryer, yet it neither Heats, nor Inflames more than hot Poſſet.

It ſo cloſeth the Orifice of the ſtomach, and fortifies the heat within, that it is very good to help digeſtion, and therefore of great uſe to be taken about three or foure of the Clock in the Afternoon, as well as in the Morning.

This Drink will very much quicken the ſpirits, and make the heart lightſome.

It is very good againſt ſore Eyes, and the better, if you hold your head over it, and take in the Steam that way.

It ſuppreſſeth fumes exceedingly, and therefore good againſt the Headach, and will very much ſtop any defluction of Rhumes, that diſtill from the Head upon the Stomach, and ſo prevent, and help Conſumptions, the Cough of the Lungs, Fitts of the Mother, Convulſions, Vapours, &c.

It is excellent to preveut and cure the Dropſie, Gout, and Scurvy.

It is known by experience to be better than any other drying Drink for people in years, or Children that have any running Humors upon them, as the Kings-Evill, &c.

It is very good to prevent Miſcarrying in Child-bearing Women.

It is a moſt excellent remedy againſt the Spleen, Hypocondriack Windes, and the like.

It will prevent Drowſineſſe, and make one fit for buſineſſe, if one have occaſion to watch; and therefore you are not to Drink of it after Supper, unleſſe you intend to be watchfull, for it will hinder ſleepe for three or foure houres.

It is obſerved, that in *Turkey*, where this is generally drunk, they are not troubled with the Stone, Gout, Dropſie, or Scurvy; and that their Skinnes are exceeding cleare and white.

It is neither Laxative nor Reſtringent.

Tehere are many Thouſands in *London* who have received much benefit by this Drink.

It is to be ſold by James Gough at ye ſuzye's a taylor by Queens coll Corner oxon: Decr: A: 1660